Differentiation of apoptosis from necrosis by dynamic changes of reduced nicotinamide adenine dinucleotide fluorescence lifetime in live cells

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National Yang-Ming University Institute of Biophotonics Taipei, Taiwan Abstract. Direct monitoring of cell death (i.e., apoptosis and necrosis) during or shortly after treatment is desirable in all cancer therapies to determine the outcome. Further differentiation of apoptosis from necrosis is crucial to optimize apoptosis-favored treatment protocols. We investigated the potential modality of using tissue intrinsic fluorescence chromophore, reduced nicotinamide adenine dinucleotide (NADH), for cell death detection. We imaged the fluorescence lifetime changes of NADH before and after staurosporine (STS)-induced mitochondria-mediated apoptosis and hydrogen peroxide (H2O2)induced necrosis, respectively, using two-photon fluorescence lifetime imaging in live HeLa cells and 143B osteosarcoma. Time-lapsed lifetime images were acquired at the same site of cells. In untreated cells, the average lifetime of NADH fluorescence was ~1.3 ns. The NADH average fluorescence lifetime increased to ~3.5 ns within 15 min after $1 \mu M$ STS treatment and gradually decreased thereafter. The NADH fluorescence intensity increased within 15 min. In contrast, no significant dynamic lifetime change was found in cells treated with 1 mM H₂O₂. Our findings suggest that monitoring the NADH fluorescence lifetime may be a valuable noninvasive tool to detect apoptosis and distinguish apoptosis from necrosis for the optimization of apoptosis-favored treatment protocols and other clinical applications. © 2008 Society of Photo-Optical Instrumentation Engineers. [DOI: 10.1117/1.2975831]

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1 Introduction

Cancer is among the world's leading causes of death. To improve the success rate of all cancer treatments including chemo, radiation, and photodynamic therapies, rapid and reliable readouts of treatment efficacy is in high demand. Direct monitoring of cell death, which is classically categorized into apoptosis and necrosis, is one way to measure treatment efficacy. Preclinical and clinical studies have shown that the detection of apoptosis or cell death in general correlates with tumor response. Specifically, monitoring of apoptosis can be useful in the design of apoptosis-favored treatment protocols, which could effectively kill target cells without inducing necrotic response, that have been preclinically demonstrated in the treatment of brain tumors using low dose photodynamic therapy. Second

There is a range of noninvasive *in vivo* imaging/detection techniques to detect apoptosis such as magnetic resonance imaging (MRI) and spectroscopy, nuclear imaging [e.g.,

single-photon emission computed tomography and positron emission tomography (PET)], ultrasound, and optical imaging. Molecular markers are generally used. The 40 kDa vesicle-associated protein, annexin V, is probably the most widely used apoptosis marker in molecular imaging. Radio-, (18F)-, superparamagnetic iron oxide particles-, and fluorescence-labeled annexin V have been used in nuclear imaging,^{4,8} PET,⁹ MRI,¹⁰ and optical imaging,¹¹ respectively. Caspases play a crucial role in the early phases of apoptosis and thus are the other apoptosis targets of molecular probes. Caspase 3-specific-cleavable reporter probe was used in luciferase-based bioluminescence imaging. 12 Besides molecular targeting, ultrasound measured the scattering power from tissues that showed changes due to nuclear condensation at the late stage of apoptotic process. 13 Diffusion MRI measured lipid droplets or apparent diffusion coefficient of water to indirectly monitor cell death.¹⁴ Among these methods, ultrasound and diffusion MRI do not involve exogenous molecules and thus are clinically transferable. Diffusion MRI has been demonstrated to monitor therapeutic response in clinical

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trials. ^{14,15} Molecular targeting using radioactively labeled annexin V has been used to detect apoptosis in clinics although currently no clinical trial further evaluates its potential to assess the outcome of cancer therapy. Bioluminescence imaging is not readily transferable to clinical practice.

Mitochondria are known to be one of the key regulators in cell death particularly in apoptosis. Reduced nicotinamide adenine dinucleotide (NADH) is a key coenzyme in glycolysis and oxidative energy metabolism that acts as a principal electron and proton donor in mitochondria. It has also been widely accepted as a convenient noninvasive optical probe of metabolic state through the measurement of NADH fluorescence intensity. 16-18 Recently, the NADH fluorescence lifetime (τ) measurement has been used to monitor cell metabolic activities 19,20 based on (i) the lifetime changes of two major lifetime components (i.e., free NADH exhibiting a shorter lifetime, $\tau_1 \sim 0.4$ to 0.5 ns and bound NADH exhibiting a longer lifetime, $\tau_2 \sim 2$ to 3 ns) and (ii) the ratio of relative amplitudes of two major lifetime components. One advantage of NADH fluorescence lifetime measurement over intensity measurement is its sensitivity to the changes between free and bound form. The change in lifetime of NADH fluorescence from free to bound form differs as much as 10 times, ^{21–23} but the spectral shift of the NADH fluorescence from free to bound form is relatively small (~10 to 20 nm blueshift) as compared with the width of the NADH fluorescence spectrum $(\sim 150 \text{ nm}).^{20}$

The aim of the present study was to investigate the potential of using the NADH lifetime measurement as a noninvasive probe of cell death. Similar to ultrasound and diffusion MRI methods, NADH signal is intrinsic so that it can be directly applied in a clinical setting once its utility of imaging cell death is demonstrated. Unlike ultrasound and diffusion MRI methods that indirectly probe cell death information based on cell morphological change (i.e., imaging nuclear condensation in ultrasound and cell swelling/shrinkage in diffusion MRI), NADH fluorescence lifetime method has a potential to detect the change of biochemical functions during cell death. We applied two-photon fluorescence lifetime imaging microscopy (FLIM) to map NADH fluorescence lifetime of unstained live HeLa cells and 143B osteosarcoma cells before and after treatment with staurosporine (STS) and hydrogen peroxide (H₂O₂). The STS-induced cell death has been well established to be executed by the mitochondria-mediated apoptotic pathway. ^{24–29}. High doses of H₂O₂ have been documented as a necrosis inducer.³⁰ Our results demonstrated that the average NADH fluorescence lifetime increased shortly after 1 µM STS treatment, but no significant lifetime change was observed after 1 mM H₂O₂ treatment of HeLa and 143B cells. These findings suggest that the average NADH lifetime changes may be a valuable indicator for apoptosis and for differentiation of apoptosis from necrosis of tissue cells in a noninvasive manner.

2 Materials and Methods

2.1 Cell Cultures and Experiments

Human osteosarcoma 143B and HeLa cells were cultured in Dulbecco's modified Eagle's medium (DMEM; Gibco, Invitrogen Corp., Carlsbad, California) containing 100 units/ml penicillin G, 100 μ g/ml streptomycin sulfate, 0.5 μ g/ml

amphotericin B, and 5% fetal bovine serum (FBS) (Biological Industries, Kibbutz Beit Haemek, Israel) at 37 °C in a humidified atmosphere with 5% CO₂. At 24 h before fluorescence lifetime imaging and drug treatments, cells at a density of 2×10^4 cells/cm² were seeded onto 24 mm diameter round glass coverslips (Paul Marienfeld GmbH & Co., Lauda-Konigshofen, Germany) that had been coated with FBS. These coverslips were then kept in dishes and cultured in DMEM inside an incubator for 24 h. After 24 h, cells were completely attached onto the coverslip, ready to grow (in the early log phase of cell proliferation curve), and ready for fluorescence imaging. Immediately before fluorescence imaging, cells were washed twice using phosphate-buffered saline solution and then transferred to a cell chamber designed for viewing live cell specimens. A 1 mL aliquot of 5 mM HEPES (N-2-hydroxyethylpiperazine-N'-2-ethanesulfonicbuffer (5 mM KCl, 140 mM NaCl, 2 mM CaCl₂, 1 mM MgCl₂, 10 mM glucose, pH 7.4) was added into the cell chamber to nourish cells and to avoid light absorption of the red color of the culture medium. Fluorescence lifetime images of grouped cells were acquired at 1 to 3 sites per coverslip before treatment. The field of view (FOV) of each image was $100 \times 100 \mu m$. The FLIM system was equipped with a microscope cage incubator (Oko-lab, Naples, Italy) to maintain the optimal temperature during experiments. To optimize the NADH fluorescence intensity and to acquire high photon counts for statistical processing of the data, the imaging was conducted at room temperature (20°C to 23°C). Additional measurements were performed at the physiological temperature (35°C to 37°C) in both controls and STStreated cells to ascertain that the results of NADH lifetime measurements were not affected by the room temperature conditions.

Our previous experience with STS-induced apoptosis showed that the activation of caspase 3 occurred at 8 h or later after 25 nM STS treatment and the apoptotic bodies appeared at 24 h after treatment.³² Maeno et al.²⁹ showed that the release of cytochrome c from mitochondria and the activation of caspase 3 occurred at \sim 2 to 4 h after 4 μ M STS treatment of HeLa cells. Thus we randomly chose a medium dose (1 μ M) of STS (Sigma-Aldrich, St. Louis, Missouri). Hydrogen peroxide is known to induce both apoptosis and necrosis depending on the concentration (e.g., 10 to $100\mu M$ for apoptosis, and 1 to 10 mM for necrosis) used.³⁰ We chose to use 1 mM H₂O₂ (Sigma-Aldrich) for necrosis induction. Time-lapsed fluorescence lifetime images were obtained at the same site (same FOV) before, immediately after (0 to 15 min), and up to 10 h after treatment with STS or H₂O₂. Controls are fluorescence lifetime images of cells without and before treatment.

2.2 Caspase 3 Activity Assay

Cells were disintegrated in 100 μ l lysis buffer [12.5 mM Tris-HCl, 1 mM dithiothreitol, 0.125 mM ethylenediamine-tetraacetic acid (EDTA), 5% glycerol, and an aliquot of complete protease inhibitor mixture (Roche Applied Sciences, Mannheim, Germany), pH 7.0] on ice for 30 min and centrifuged at 9000 g for 10 min at 4 °C. A 50 μ g aliquot of protein was incubated with 20 μ M Ac-DEVD-AFC (Calbiochem, San Diego, California), a fluorescent substrate of

caspase 3, in 500 μ l of assay buffer [50 mM Tris-HCl, 1 mM EDTA, and 10 mM EGTA (ethyleneglycol-bis-(β -aminoethylether)-N, N, N', N'-tetraacetic acid), pH 7.0] at 37 °C for 30 min in the dark. The fluorescence intensity was determined by spectrofluorometry (Hitachi F-3000, Tokyo, Japan) at an excitation wavelength of 380 nm and an emission wavelength of 508 nm as described previously. 32,33

2.3 NADH FLIM

Time-domain FLIM was performed with a 60×1.45 numerical apenture PlanApochromat oil objective lens (Olympus Corp., Tokyo, Japan) on a modified two-photon laser scanning microscope (FV300 with the IX71 inverted microscope, Olympus Corp.) as described previously.³⁴ In this study, samples were excited at 750 nm (two-photon) by a modelocked Ti:Sapphire Mira F-900 laser, pumped by a solid-state continuous wave 532 nm Verdi laser (both from Coherent Inc., Santa Clara, California). The scanning speed of the FV300 was controlled externally by a function generator (AFG310, Tektronix Inc., Beaverton, Oregon).

Fluorescence photons were detected in a non-descanned mode by a photon-counting photomultiplier (H7422P-40; Hamamatsu Photonics K.K., Hamamatsu, Japan). Timeresolved detection was conducted by the single-photoncounting SPC-830 printed circuit board (Becker & Hickl GmbH, Berlin, Germany). A bandpass filter of $450 \pm 40 \text{ nm}$ (Edmund Optics Inc., Barrington, New Jersey) was inserted in the emission path for the detection of NADH that emits with the maximum at 450 nm. 35 Additional short pass and IR cutoff filters were used to reject reflected or scattered excitation light at 750 nm. The average laser power measured at the focal plane of the objective was ~3 to 5 mW, which was lower than the reported laser power of two-photon damage³⁶ and was found to be optimal for the prevention of photobleaching. All the images were taken at 256 × 256 pixels resolution with the acquisition time in the range of 900 to 1800 s for enough photon count statistics at the given laser power for further data analysis. To compare the emitted fluorescence intensity between controls and treated cells, we adapted the photon count from the peak time channel (and with fixed binning parameters) of the recorded decay curve at the brightest point of a FLIM image.

2.4 FLIM Data Analysis

Data were analyzed with the commercially available SPCImage version 2.8 software package (Becker & Hickl GmbH) via a mathematical convolution of a model function and the instrument response function (IRF), and fitting to the experiment data. To calculate the lifetime from the composite decays of NADH, we convolved an IRF, I_{instr} , with a double-exponential model function, defined in Eq. (1), with offset correction for the ambient light and/or dark noise I_0 to obtain calculated lifetime decay function $I_c(t)$ in Eq. (2)

$$F(t) = a_1 e^{-t/\tau_1} + a_2 e^{-t/\tau_2},\tag{1}$$

$$I_c(t) = \int_{-\infty}^{\infty} I_{\text{instr}}(t) \{ I_0 + F(t) \} dt.$$
 (2)

Here, a_1e^{-t/τ_1} and a_2e^{-t/τ_2} represent the contributed fluorescence decays from free and bound NADH, respectively; τ_1 and τ_2 represent their corresponding lifetimes; and a_1 and a_2 are the corresponding relative amplitudes. I_{instr} was calculated automatically by SPCImage from the rising edge of the fluorescence decay.

The model parameters (i.e., a_i and τ_i) were derived by SPCImage software by fitting the calculated decay $I_c(t_k)$, defined in Eq. (2), to the actual data $I_a(t_k)$ through minimizing the goodness-of-fit χ^2_R function defined in Eq. (3) using the Levenberg-Marquardt search algorithm

$$\chi_R^2 = \left[\sum_{k=1}^n \left[I(t_k) - I_c(t_k) \right]^2 / I(t_k) \right] / (n-p).$$
 (3)

Here n is the number of the data (time) points (equal to 256 in this study), and p is the number of the model parameters.³⁷

3 Results

3.1 NADH Fluorescence Intensity and Lifetime Images of Intact Cells

Figure 1 shows representative images, fitting curves, and lifetime distribution from control 143B cells. It includes a fluorescence intensity image [Fig. 1(a)], fluorescence lifetime image [Fig. 1(b)] using two-photon FLIM, the corresponding fluorescence decay curves (measured: blue; fit: red), the fitting residuals [Fig. 1(c)], and normalized lifetime histograms [Fig. 1(d)] of the 256×256 lifetime image as shown in Fig. 1(b). This entire image was acquired over a period of 1300 s. In control cells, the average photon count collected over the given period of time was approximately 600 in the peak time channel.

Figure 1(a) shows that the fluorescence signals in the cytoplasm displayed punctuate perinuclear patterns, which were attributed to mitochondria-associated NADH. 19,38 No fluorescence was seen in the nuclei or on the nuclear membrane. In Fig. 1(b), each pixel represents the average lifetime (τ_{ave}) of the short (τ_1) and the long (τ_2) lifetime components weighted by their relative contributions a_1 and a_2 , respectively, such that $\tau_{\text{ave}} = (a_1 \tau_1 + a_2 \tau_2)/(a_1 + a_2)$. The scale of the color mapping was chosen for later comparison with FLIM images of treated cells so that the blue color represents the longer lifetime (maximum 4000 ps) and the red color presents the shorter lifetime (minimum 200 ps). Overall, the NADH fluorescence in the control 143B cells exhibited an average lifetime (τ_{ave}) of ~1300 ps, which corresponds to the yellowish color in the selected color scale. The lifetime across the entire FOV or even within a single cell was not homogeneous: some pixels tend to be greenish and some tend to show orange color. Figure 1(c) demonstrates the fitting curve obtained from Fig. 1(b), with the goodness-of-fit residuals shown in the bottom panel of Fig. 1(c). Finally, the distribution of the averaged lifetime ($\tau_{\rm ave}$) from all pixels shown in Fig. 1(b) is presented in Fig. 1(d), which depicts the normalized histogram (H_{norm}) of τ_{ave} . The histogram shows a peak (τ_{peak}) at \sim 1300 ps with a full width at half maximum \sim 500 ps. This

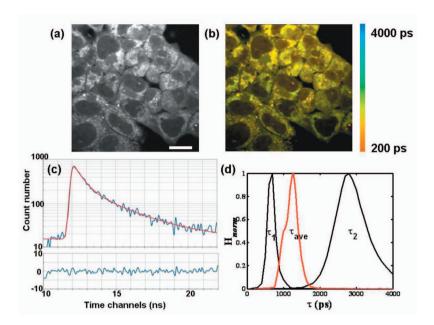


Fig. 1 Measurement of the intensity and average lifetime of NADH fluorescence in 143B cells. The intensity and average lifetime images of NADH fluorescence in 143B cells are shown in gray (a) and color scale (b), respectively, using two-photon FLIM with the excitation wavelength at 750 nm. The FOV of each image is $100 \times 100~\mu m$. The scale bar in (a) is $20~\mu m$. A representative fluorescence lifetime decay curve (blue curve in the top panel), the fit (red curve in the top panel), and the residuals (bottom panel) are shown (c). The normalized histograms over the 256 x 256 pixel lifetime image shown in (b) were plotted for τ_1 , τ_2 , and τ_{ave} (d).

broad distribution illustrates the inhomogeneous color distribution observed in Fig. 1(b). To compare with previously published results regarding the values of the NADH short (τ_1) and long (τ_2) lifetime components, we obtained τ_1 and τ_2 from the entire image pixels by SPCImage software and plotted their normalized histogram in the same figure [Fig. 1(d)]. The histograms of τ_1 and τ_2 showed peaks at \sim 600 and \sim 3000 ps, respectively. These results are close to the previously published lifetime values of free (\sim 400 to 500 ps) and bound NADH (\sim 2000 to 3000 ps). The observation that τ_2 had a broader distribution than τ_1 may be attributed to the wide distribution of lifetimes of NADH molecules bound to different proteins. The inhomogeneous color distribution of lifetimes of NADH molecules bound to different proteins.

We acquired NADH lifetime images from a total of 35 sites of control HeLa cells (from 15 coverslips) and 11 sites of control 143B osteosarcoma cells (from 8 coverslips). The values of $\tau_{\rm peak}$ from all of the lifetime images were analyzed, recorded, and averaged. Table 1 summarizes the total number of sites ($N_{\rm site}$) and the corresponding mean \pm standard error (SE) of the $\tau_{\rm peak}$ values from control HeLa cells and control 143B cells. The results showed that HeLa and 143B cells had the average $\tau_{\rm peak}$ values equal to 1360 ± 24 (N=35) and 1260 ± 49 ps (N=11), respectively. The two mean values are not significantly different as judged by two-tailed Student's t test (p value=0.09). The mean value of all control $\tau_{\rm peak}$ values is 1336 ± 22 ps, which will be used later in Figs. 4 and 6 for comparison.

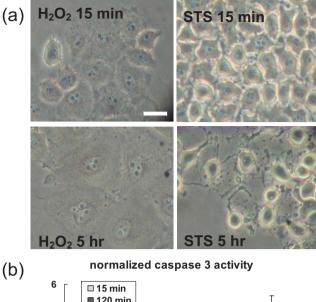
3.2 Cell Morphological Change and Caspase 3 Activation Confirmed STS-Induced Apoptosis and H₂O₂-Induced Necrosis

Although STS-induced apoptosis and high dose H₂O₂-induced necrosis have been well documented, we observed

the cell morphology and measured caspase 3 activity to confirm the cell death pathway at the drug dose we chose. Figure 2(a) shows the light microscopic images of HeLa cells 15 min and 5 h after either H_2O_2 or STS treatment. All the images were taken at the same magnification. Cell swelling or eruption, a typical feature when cells are under necrotic pathway, was observed in both 15 min and 5 h after H_2O_2 treatment. In contrast, the typical feature of apoptotic cells, cell shrinkage,

Table 1 Summary of the number of sites $(N_{\rm site})$ of NADH lifetime images acquired from the number of coverslips $(N_{\rm coverslip})$ in control, STS-treated, and ${\rm H_2O_2}$ -treated cells. The number of sites is the same as the number of coverslips in treated cells because of time sequence measurements at the same site. The corresponding means (\pm SE) of the peaks $(\tau_{\rm peak})$ of the average lifetime $(\tau_{\rm ave})$ distributions were calculated and listed with the unit of picoseconds (ps). $\tau_{\rm peak}$ was defined as the peak position (or the maximal value) of the $\tau_{\rm ave}$ histogram from each 256×256 pixel lifetime image. For STS-treated cells, only the lifetime at the first time point (0 to 15 min) was listed. For ${\rm H_2O_2}$ -treated cells, the lifetimes at both 0 to 15 and 0 to 25 min after treatments $(N_{\rm site})$ at each time point is 2) were averaged and listed to account for a larger number of the samples for averaging.

Cells		Controls	0 to 15 Min After STS Treatment	0 to 25 Min After H ₂ O ₂ Treatment
HeLa	N _{site} (N _{coverslip})	35 (15)	6 (6)	4 (4)
	Mean±SE	1359±24	3570±56	1514±51
143B	$N_{\text{site}} (N_{\text{coverslip}})$	11 (8)	5 (5)	N/A
	Mean±SE	1260±49	3448±76	N/A



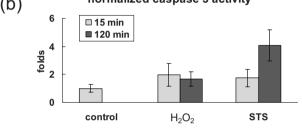


Fig. 2 The morphology (a) and normalized caspase 3 activity (b) of HeLa cells after treatment with H_2O_2 and STS, respectively. The FOV of each image is $180 \times 180~\mu m$. The scale bar in (a) is $30~\mu m$.

was observed in STS-treated cells. Figure 2(b) shows the normalized caspase 3 activities of HeLa cells before (controls), 15 min after, and 2 h after either H_2O_2 or STS treatment. Caspase 3 activity was significantly higher at 2 h after STS treatment compared with controls, indicating that STS-treated cells were undergoing apoptosis. However, no significant increase of caspase 3 activity was observed in cells at 15 min or 2 h after H_2O_2 treatment.

3.3 NADH Fluorescence Lifetime Increased Immediately after STS-Induced Apoptosis

Figure 3 shows the representative FLIM images (in color mapping) before, 0 to 15, 30 to 45, and 60 to 75 min after 1 μ M STS treatment at the same FOV of HeLa cells. All the figures are displayed using the same scale of color bar as in Fig. 1(b) that the minimal and maximal lifetime is 200 ps (red) and 4000 ps (blue), respectively. Similar to Fig. 1(b), control HeLa cells [Fig. 3(a)] had $a \sim 1300$ ps lifetime (yellowish image in the selected color scale). The acquisition time of this control image was 900 s or 15 min. Immediately after STS treatment, we continuously acquired FLIM images with the acquisition time of 15 min per image for up to 90 min (the images acquired at 15 to 30, 45 to 50, and 75 to 90 min after treatment are not shown) at the same site to trace the response of the specimen. Apparently, the color-coded lifetime image exhibited blueshift (increased lifetime) at 0 to 15 min [Fig. 3(b)] after treatment, and then exhibited

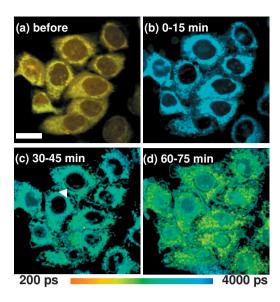


Fig. 3 Effect of staurosporine treatment on the FLIM images of HeLa cells. The FLIM images of HeLa cells from the same sites before (a), 0 to 15 min (b), 30 to 45 min (c), and 60 to 75 min (d) after treatment with 1 μ M STS. The FOV of each image is $100 \times 100 \ \mu$ m. The scale bar in (a) is $20 \ \mu$ m.

redshift at 60 to 75 min [Fig. 3(d)]. The nuclear areas tended to decrease in size with the increment of treatment time. A ringlike structure surrounding the nucleus [arrow head in Fig. 3(c)] was observed. In addition, the overall intensity of NADH fluorescence significantly increased immediately after STS treatment so that the laser power was decreased to escape the photomultiplier tube saturation. The recorded average photon count for the STS-treated cells was more than 1000, approximately twice higher than that in controls (600 counts), in the peak time channel of the recorded decays.

The distributions of the average lifetime (τ_{ave}) [Figs. 3(a)-3(d)] were plotted on the top panel of Fig. 4. The curve labels (a) to (d) correspond to the results of Figs. 3(a)-3(d), respectively. An immediate lifetime increase after STS treatment was observed that the histogram shifted from the lower lifetime [curve (a)] to the higher lifetime [curve (b)] values. Then, the lifetime decreased and the histogram shifted toward the controls and became broader. The peak (i.e., maximal) value of τ_{ave} histograms, τ_{peak} , increased from ~ 1300 ps [controls, curve (a)] to ~ 3500 ps at 0 to 15 min after STS treatment [curve (b)], and then decreased to ~ 2200 ps at 60 to 75 min.

Similar results were repeatedly observed in a total of 6 sites (6 coverslips) of HeLa cells and 5 sites (5 coverslips) of 143B cells and are summarized in the bottom plot of Fig. 4. Here the number of sites is the same as the number of coverslips because time sequence measurements were performed at the same site of cells. The bottom panel of Fig. 4 plotted the mean and standard error (SE) of the $\tau_{\rm peak}$ at all time points over all STS-treated HeLa and 143B cells. The number of sites acquired was decreased as a function of time and was labeled below each data point in the figure. The time point was assigned as the mean value of the acquisition period of time. For example, 7.5 min represents the data point acquired at 0 to 15 min after treatment, except that the latest point was

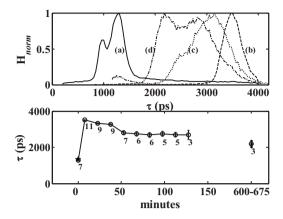


Fig. 4 Effect of staurosporine treatment on the distributions of the average lifetime ($\tau_{\rm ave}$) of the FLIM images of HeLa and 143B cells. The top panel shows the plot of the distributions of the average lifetime ($\tau_{\rm ave}$) corresponding to the FLIM images in Figs. 3(a)–3(d). The bottom panel shows the plot of the mean and standard error (SE) of the $\tau_{\rm peak}$ as the function of time in all STS-treated cells. The number of sites acquired at each time point was labeled below each data point. The mean $\tau_{\rm peak}$ value (±SE) of controls (i.e., 1336±22 ps) was plotted (star) in the same figure.

labeled as 600 to 675 min. The mean $\tau_{\rm peak}$ value (\pm SE) of all controls (i.e., 1336 ± 22 ps) was plotted (star) in the same figure for comparison. The mean $\tau_{\rm peak}$ values (\pm SE) for HeLa and 143B cells at 0 to 15 min after STS treatment are listed in Table 1. The mean $\tau_{\rm peak}$ values at 0 to 15 min after STS treatment for HeLa or 143B cells are significantly different from those values of the controls (p value= 1.4×10^{-16}). The two mean values of HeLa and 143B cells (i.e., 3570 ± 56 versus 3448 ± 76) are not significantly different (p value=0.23).

3.4 No NADH Fluorescence Lifetime Change in High Dose H₂O₂-Induced Necrosis

Figure 5 shows the representative FLIM images (in the same color mapping as previous FLIM images of controls and STS-treated cells) before, 0 to 15, 30 to 50, and 50 to 70 min after treatment with 1 mM $\rm H_2O_2$, taken from the same FOV of HeLa cells. In contrast to the FLIM images of STS-treated cells shown in Fig. 3, all images in Fig. 5 tend to be yellowish in the same selected color scale, which indicates that there was no significant lifetime change after $\rm H_2O_2$ treatment. The fluorescence intensity or photon counts tended to decrease after $\rm H_2O_2$ treatment [as seen in the changes of signal-to-background noise from Figs. 5(a)–5(d)], which in part is due to the NADH oxidation by $\rm H_2O_2$. The recorded average photon count for the $\rm H_2O_2$ -treated cells was ~ 100 to 200 (i.e., 3 to 6 times lower than that of controls) in the peak time channel.

The top panel of Fig. 6 plotted the normalized histogram of $\tau_{\rm ave}$ of NADH lifetime images shown in Figs. 5(a)–5(d). The curves (b) to (d) overlapped with one another. There is slight difference between curve (a) and curves (b) to (d). Similar to the bottom panel of Fig. 4, the bottom panel of Fig. 6 plotted the mean error and standard error of the $\tau_{\rm peak}$ at all time points over all $\rm H_2O_2$ -treated HeLa cells. The time point was assigned the same way as in Fig. 4 except the latest time point

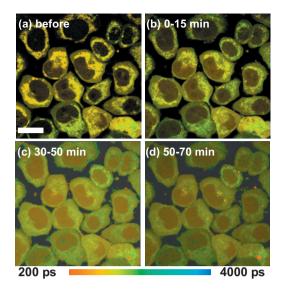


Fig. 5 Effect of H_2O_2 treatment on the FLIM images of HeLa cells. The FLIM images of HeLa cells were recorded from the same sites before (a), 0 to 15 min (b), 30 to 45 min (c), and 45 to 60 min (d) after treatment of the cells with 1 mM H_2O_2 . The FOV of each image is $100 \times 100 \ \mu m$. The scale bar in (a) is $20 \ \mu m$.

labeled as 135 to 185 min. The mean $\tau_{\rm peak}$ value (\pm SE) of controls (i.e., 1336 ± 22) was plotted (star) in the same figure for comparison. The number of sites acquired at each time point was labeled below each data point in the figure. We observed no significant difference in $\tau_{\rm peak}$ at all time points. To get more data points for averaging and comparing with the results of controls and apoptotic cells in Table 1, the mean $\tau_{\rm peak}$ values (\pm SE) for both time points at 0 to 15 min (N=2) and 0 to 25 min (N=2) after treatment were calculated and listed in Table 1. The mean $\tau_{\rm peak}$ values at 0 to 25 min after H_2O_2 treatment in HeLa cells are marginally different from the values of control HeLa cells (p value=0.05).

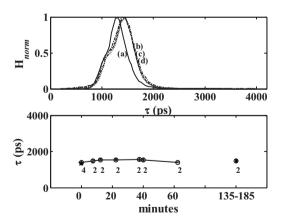


Fig. 6 Effect of $\rm H_2O_2$ treatment on the distributions of the average lifetime (τ_{ave}) of the FLIM images of HeLa cells. The top panel plotted the distributions of the average lifetime (τ_{ave}) corresponding to the FLIM images in Figs. 5(a)–5(d). The bottom panel plotted the mean and standard error (SE) of the τ_{peak} as a function of time in all $\rm H_2O_2$ -treated cells. The number of sites acquired at each time point was labeled below each data point. The mean τ_{peak} value (\pm SE) of the controls (i.e., 1336 ± 22 ps) was plotted (star) in the same figure.

Table 2 The NADH lifetime acquired under physiological condition and using short image acquisition time (100 s), respectively, in control and STS-treated cells. The corresponding means (\pm SE) of the peaks ($\tau_{\rm peak}$) of the average lifetime ($\tau_{\rm ave}$) distributions were calculated and listed with the unit of picoseconds (ps). $\tau_{\rm peak}$ was defined as the peak position (or the maximal value) of the $\tau_{\rm ave}$ histogram from each 256×256 pixel lifetime image. For STS-treated cells, only the lifetime at the time point 0 to 15 min was listed.

		Controls		0 to 15 Min After STS Treatment	
Cells		Physiology	Short Image Acquisition	Physiology	Short Image Acquisition
HeLa	Mean±SE (N _{site})	1306±91 (4)	1396±17 (4)	3544±103 (3)	3402±83 (4)
143B	$Mean \pm SE (N_{site})$	1192 (1)		3545±31 (3)	

4 Discussion

In live cells, NADH, reduced NADH phosphsate (NADPH), and flavins [or flavin adenine dinucleotide (FAD)] are intrinsic fluorophores that have sufficient concentration to yield detectable fluorescence signals under two-photon excitation at 740 nm. ³⁹ The flavin signals that emit fluorescence maxima at ~550 nm can be spectrally separated from NAD(P)H signals that emit fluorescence maxima at ~450 nm. Although NADH and NADPH have nondiscriminating spectral features,⁴ NADH dominates the intrinsic fluorescence of live cells because the contribution of NADPH to the intrinsic fluorescence is small⁴² and the quantum yield of mitochondrial NADH is 1.25 to 2.5 times higher than that of NADPH. 43 In this study, we used a 450 ± 40 nm bandpass emission filter to selectively collect the NADH fluorescence signals, although we used two-photon excitation at 750 nm, instead of 740 nm used in other published studies, due to our instrument limitation. Recently, Wu et al.²⁰ reported that increase of flavin fluorescence contributed to both lifetime components (τ_1 and τ_2) and the ratio of the corresponding amplitudes (a_1/a_2) in the fluorescence decay when the single photon excitation wavelength increased from 365 to 405 nm (equivalent to wavelengths from 730 to 810 nm in two-photon excitation) and when a 10 nm bandpass emission filter (λ_{em} =447 to 457 nm) was used. In their study, the τ_1 , τ_2 , and a_1/a_2 of control SiHa cells were found to change, not consistently increase or decrease, \sim 6% to 12%. However, Skala et al. 44 showed that there was no measurable fluorescence at 900 nm excitation, which is optimal for the two-photon excitation of flavins, 35 with their two-photon FLIM system, neither did FAD contribute to their observed lifetime at 780 nm excitation in the hamster cheek pouch. Thus, we concluded that the flavin fluorescence contribution to our results using two-photon excitation wavelength at 750 nm was negligible.

To confirm that the difference in lifetime changes between controls and STS and $\rm H_2O_2$ treatments is not due to long image acquisition time (\sim 15 to 20 min) and/or room temperature condition, we performed additional FLIM measurements using shorter acquisition time (5 to 10 min) and/or at the physiological temperature maintained in the microscope cage incubator (35 °C to 37 °C). Similar results of the NADH lifetime values, with lower photon counts and thus noisier $\tau_{\rm ave}$ histogram plots, have been observed using 100 s to 10 min

acquisition times in controls, STS-treated, and H₂O₂-treated cells (data not shown). Table 2 lists the NADH lifetime acquired under physiological condition and using short image acquisition time (100 s), respectively, in control and STStreated cells. From 4 measurements of HeLa cells taken using shorter acquisition time (100 s), lifetime increased from 1396 ± 17 ps before to 3402 ± 83 ps at 0 to 15 min after treatment. From measurements of both HeLa (N_{site} =3 to 4) and 143B ($N_{\text{site}}=1$ to 3) cells taken at the physiological temperature, we observed the same trends of changes in lifetime and intensity in STS-treated cells including increased τ_{ave} from 1306 ± 91 (HeLa) and 1165 (143B) ps before to 3544 ± 103 (HeLa) and 3545 ± 31 (143B) ps at 0 to 15 min after treatment, decreased au_{ave} thereafter, increased NADH fluorescence intensity after treatment (indicated by using lower input laser power and detecting higher photon counts after STS treatment), shrinkage of nuclei, and the appearance of perinuclear rings [arrowhead in Fig. 3(d)].

Similar results of increased NADH fluorescence intensity were reported by Levitt et al. 45 and by Liang et al. 46 Levitt et al. 45 observed that intense fluorescence was progressively confined to a gradually smaller perinuclear cytoplasmic region in the cells that had been treated with cisplatin. Their results suggest that this strongly fluorescent, highly metabolically active perinuclear ring represents a subpopulation of mitochondria that are mobilized in response to the apoptotic stimulus and may provide the energy required to execute the final step of apoptosis.

The increase in the average lifetime of NADH fluorescence after STS-induced apoptosis (Fig. 3) may be attributed to two possible mechanisms based on the lifetime distribution analysis. One mechanism is that the portion of bound NADH to total amounts of NADH is higher than that of free NADH [i.e., $a_2/(a_1+a_2) > a_1/(a_1+a_2)$ such that $\tau_{ave} = (a_1\tau_1+a_2\tau_2)/(a_1+a_2)$ increased] assuming their lifetimes (i.e., τ_1 and τ_2) remain the same. The other mechanism is that the bound NADH lifetime τ_2 increases, assuming that the free NADH lifetime τ_1 does not change, due to microenvironment changes that NADH binds to different enzymes during apoptosis. We examined the histograms of τ_1 and τ_2 in several FLIM images of STS-treated cells at all time points and found that both mechanisms are possible (data not shown). For example, at 0 to 15 min after STS treatment, the histogram of τ_1 , τ_2 , and

 $au_{\rm ave}$ are almost identical [curve (b) in Fig. 4] that single exponential fit was applicable in this case. This indicates that all free NADH (i.e., the short lifetime component) became a bound form (i.e., the long lifetime component). At later time points after STS treatment, some au_2 histograms became broader (in both longer and shorter lifetime directions), which indicates that some NADH may bind to different enzymes to broaden the lifetime distribution. Vishwasrao et al. Peported three types of enzyme-bound NADHs using four component analyses in hippocampal slices. They found that the ratio between free NADH and individual enzyme-bound species of NADH changed significantly under hypoxia, which indicates a redistribution of the protein-bound NADH to enzyme binding sites.

The STS-induced apoptotic pathway has been well established to be due to internal signals and involve mitochondrial membrane potential ($\Delta\Psi$) change, cytochrome c release, caspase 3 activation, and production of reactive oxygen species.^{24–26} In this study, we observed increased NADH fluorescence lifetime at relatively early time points (within 15 min after 1 µM STS treatment) as compared with the activation of caspase 3 at 2 h after 1 μ M STS treatment [Fig. 2(b) and cytochrome c release and the caspase 3 activation at \sim 2 to 4 h after higher dose (4 μ M) STS treatment as described in the study by Maeno et al.²⁹ Thus we have hypothesized that the immediately increased NADH lifetime may be related to early apoptotic activities. Annexin V was used to indicate early apoptosis 47,48 to stain the exposure of phosphatidylserine (PS) on the external leaflet of the plasma membrane. We performed annexin V fluorescence imaging (data not shown) and observed that annexin V binding, quantified by averaging binding percentages over five different 100 \times 100 μ m FOVs, appeared at 15 min after 1 μ M STS treatment (binding percentage < 2%). The binding percentage increased as time increased to be \sim 4% and \sim 50% at 1 h and 5 h after STS treatment, respectively. Lugli et al. 48 showed that the appearance of PS exposure (annexin V-positive) was correlated to intermediate $\Delta\Psi$ in quercetin-induced apoptosis of U937 cells, which could be important to maintain adenosine triphosphate (ATP) production for the activation of caspases and induction of cell death. Halestrap et al., 49,50 showed that the mitochondrial permeability transition pore (MPTP) opening can be transient and thus does not cause ATP depletion, and then the cell dies by apoptosis. If the MPTPs stay open, ATP is depleted and the cells die by necrosis.⁵⁰ Furthermore, it was demonstrated that the cytosolic ATP level was increased in HeLa cells immediately after treatment with 4 μ M STS.⁵¹ It remains unclear whether our observations that NADH lifetime increased shortly after apoptosis and NADH redistribution are related to NADH binding to different proteins in mitochondria for more efficient generation of ATP in the target cells. Further studies are needed to reveal the relationship between NADH lifetime dynamics, mitochondrial membrane potential, MPTP opening, and ATP production/ maintenance in the early phase of apoptosis.

5 Conclusions

Nicotinamide adenine dinucleotide is a principal electron and proton donor in mitochondria, which are known to be one of the key regulators in cell death particularly in apoptosis. We have demonstrated that NADH fluorescence lifetime significantly changed immediately after 1 μ M STS-induced apoptosis, but not 1 mM H₂O₂-induced necrosis in HeLa and 143B osteosarcoma cells. This increased lifetime was in the early phase of apoptosis and was in part due to NADH redistribution from free to bound form in mitochondria possibly for more efficient generation of ATP in the target cells. Our findings suggest that the NADH lifetime changes may be a valuable noninvasive marker for the detection of apoptosis.

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