Low-coherence enhanced backscattering: review of principles and applications for colon cancer screening

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1 Introduction

Enhanced backscattering (EBS) of light, otherwise known as coherent backscattering (CBS) of light, originates from the constructive interference in elastic light scattering, giving rise to an enhanced scattered intensity in the backward direction. For a plane wave illuminating a semi-infinite random medium, every photon scattered from the medium in the backward direction has a time-reversed photon traveling along the same path in the opposite direction, i.e., the path formed by exactly opposite sequences of the scattering centers. These photons have the same phase and thus interfere constructively with each other, resulting in an EBS peak (sometimes referred to as an EBS cone) around the backward direction. Since its first observations in aqueous suspensions, the EBS phenomenon has been an object of intensive investigation in a variety of different systems such as strong scattering materials, laser-cooled atoms, liquid crystals, photonic crystals, amplifying materials, and solar system bodies. The EBS peak profile is further characterized by the distribution of path lengths of backscattered photons. The dependency of the profile of the EBS peak on the distribution of the path length was studied using femtosecond-resolved measurements in time domain. EBS measurements were extended to the time-resolved phase-space distributions of the backscattered light, and it was found that for longer light paths the moment distribution of the backscattered light was narrowed. It was also shown that absorption and a finite thickness of samples removed long light paths, which made the top of the EBS peak round off. In active random media such as random lasers, long paths were amplified and the shape of the EBS peak sharpened. Moreover, dephasing effects, which destroy interference in the EBS phenomenon in elastic light scattering, were investigated. Faraday rotation by an external magnetic field or a phase screw dislocation in the incident field can destroy the time-reversal invariance, resulting in a distorted EBS peak. Indeed, this fascinating phenomenon has opened up a new field in classical optics, and a great amount of theoretical and experimental work already has been done in this area over the last two decades.

However, there have been only a few reports of EBS observation in biological media, and no attempt has been made to use EBS for tissue diagnosis. First pioneer EBS in biological tissue. Yoon, Roy, and Straight first used the EBS phenomenon to measure optical properties of tissue such as the transport mean free path. There is an apparent disparity between hundreds of publications dealing with active random media such as lasers, long paths were amplified and the shape of the EBS peak sharpened. Moreover, dephasing effects, which destroy interference in the EBS phenomenon in elastic light scattering, were investigated. Faraday rotation by an external magnetic field or a phase screw dislocation in the incident field can destroy the time-reversal invariance, resulting in a distorted EBS peak. Indeed, this fascinating phenomenon has opened up a new field in classical optics, and a great amount of theoretical and experimental work already has been done in this area over the last two decades.

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with EBS in nonbiological media and a small number of reports on EBS for tissue characterization. The question why this fascinating effect has been underutilized in tissue optics arises, although many other optical phenomena, including elastic light scattering, fluorescence, Raman scattering, non-linear scattering, etc., have found a plethora of applications and have been extensively used for tissue diagnosis.

The reason becomes clear if one considers the limitations that have been preventing the utilization of this otherwise remarkable optical phenomenon for biological applications. 1. Applications of conventional EBS in biological media have been hampered primarily by an extremely narrow angular width of the EBS peak \(w \approx 0.001\) deg. Because the angular width of an EBS peak is proportional to the ratio of wavelength \(\lambda\) of light to the transport mean free path \(l_s^*\) of light in the medium [in biological tissue, \(l_s^* \approx 300\) to 2000 \(\mu\)m (Ref. 21)], the width of the EBS peak in tissue is very narrow, typically \(w \approx 0.001\) deg (\(w\) is the angular full width at half maximum of an EBS peak). Experimental observation of such a narrow EBS peak has only recently been achieved in pioneering experiments by Sapienza et al.\(^6\) For comparison, most EBS studies conducted to date involved nonbiological media with \(l_s^* = 10–50\) \(\mu\)m (i.e., \(w \approx 0.05\) to 0.3 deg) 2. Such narrow EBS peaks have been primarily used to measure \(l_s^*\) of bulk tissue, typically averaged over several cubic millimeters. However, we point out that other conventional techniques, such as diffuse reflectance measurements,\(^23\) transmission measurements,\(^24\) and the adding-doubling method,\(^25\) can also determine \(l_s^*\) in random media without using the self-interference effect of the time-reversed paths. 3. Conventional EBS is masked by speckle. Ensemble averaging over hundreds of measurements or mechanical rotation of a sample is necessary to uncover an EBS peak.\(^21,26,27\) 4. Conventional EBS does not provide spectroscopic information. So far, EBS measurements have relied on single-wavelength lasers, which do not allow spectrally resolved EBS measurements. A plethora of data has been obtained by a number of investigators showing that spectroscopic measurements of tissue optical properties are exceedingly valuable for tissue diagnosis. Thus, spectrally resolved EBS measurements are highly desirable. 5. Conventional EBS does not allow depth resolution. Because most biological tissues have multilayered structures, depth-selective measurements are crucial. However, depth-selective EBS measurements have not been achieved in tissue.

We have recently overcome all major limitations of the EBS measurements in tissue by taking advantage of low spatial coherence illumination.\(^28–30\) The finite spatial coherence length of illumination dephases the conjugated time-reversed waves outside its spatial coherence area. As discussed later, such low-coherence EBS (LEBS) significantly simplifies EBS observation in tissue, offering several critical advantages such as speckle reduction, dramatic broadening of the EBS peak, sensitivity to low-order scattering, and depth-selective measurements of tissue properties. Investigation of LEBS is further underscored by our demonstration that LEBS spectroscopy can be used to detect early precancerous alterations in the colon far earlier than is currently feasible by means of any available histological, molecular, and even genetic technique.\(^28–31\)

In this work, we review recent progress in the understanding of the mechanism of the LEBS phenomenon and its applications for colon cancer detection and screening. First, we provide an overview of basic principles of EBS and LEBS. In Sec. 2, we introduce the basic principle of EBS and LEBS. In Sec. 3, we present the experimental setup of LEBS spectroscopy and discuss LEBS advantages over conventional EBS. Finally, in Sec. 4, we report animal and pilot human studies that demonstrate the potential of LEBS for colon cancer detection and screening.

![Illustration of the EBS phenomenon. EBS originates from the constructive interference between pairs of photons propagating along a scattering light path (solid arrows) and its time-reversed path (dashed arrows) in the case when the photons exit the medium in directions close to the backscattering (\(\theta = 0\) deg). When both waves emerge from the medium, they have an identical phase. Thus, they interfere constructively with each other, resulting in an enhanced scattered intensity in the backward direction.](https://biomedicaloptics.spiedigitallibrary.org/journals/Journal-of-Biomedical-Optics/2006/11/041125-2)

### 2 Background

#### 2.1 Principles of Enhanced Backscattering

For a plane wave illuminating a semi-infinite random medium, every photon scattered from the medium in the backward direction has a time-reversed photon traveling along the same path in the opposite direction, i.e., the paths formed by exactly opposite sequences of scattering centers. The phase difference between these two waves following the identical path in time-reversed order is \(\Delta \varphi = (\kappa_{in} + \kappa_{out})(r_{in} - r_{out})\), as shown in Fig. 1. The phase difference must be sufficiently small for constructive interference to occur. For backscattered light, \(\kappa_{in} + \kappa_{out} \rightarrow 0\), the phase difference becomes very small, and thus, the two waves following the time-reversed paths interfere with each other constructively. This constructive interference occurs in the backscattering direction, whereas in directions sufficiently away from the backward direction, the constructive interference vanishes. In principle, the peak EBS intensity can be twice as high as the incoherent intensity scattered outside the EBS peak (in EBS literature, this intensity is frequently referred to as the “background intensity”).

The EBS phenomenon can be understood in the context of Young’s double pinhole interference experiment. Conceptually, the first and last scatterers in EBS can be considered the double pinholes in the Young’s double pinhole experiment. A plane wave passing the double pinholes produces a sinusoidal fringe pattern in the far field. Its maximum intensity is formed at \(\theta = 0\) deg and its fringe spacing is inversely proportional to the distance between the pinholes. Similarly, in EBS a plane wave passing the first and last scatterers through the time-reversed paths would produce a sinusoidal fringe pattern with
its maximum intensity in the backward direction. Its fringe spacing is inversely proportional to the transverse distance between the first and last scatterers. In EBS, all possible transverse distances between the first and last scatterers average out the fringe patterns except the backward direction, resulting in an enhanced peak. Therefore, the width of the enhanced peak is primarily dependent on the average distance between the first and last scatterers [i.e., the transport mean free path \( l_* = l/(1-g) \), where \( l_* \) is the scattering mean free path and \( g \) is the anisotropy factor], such that the full width half maximum (FWHM) of the EBS peak in a semi-infinite disordered medium \( w = \lambda/(3\pi l_*) = 0.7/(\kappa l_*) \), where \( \lambda \) and \( \kappa \) are the wavelength and wavevector of light, respectively. Thus, in conventional EBS measurements, the profile of the EBS peak is mainly determined by the inverse of the disorder parameter \( \kappa l_* \) (or \( l_*/\lambda \)).

2.2 Angular Profile of Enhanced Backscattering

Quantitatively, the angular profile of an EBS peak \( I_{\text{EBS}}(\theta) \) can be expressed as a 2-D Fourier transform of the radial intensity distribution of EBS \( E^{23,31,33} \):

\[
I_{\text{EBS}}(q_r) = \int \int P(r) \exp(iq_r \cdot r) dr d\rho, \tag{1}
\]

where \( q_r \) is the projection of the wave vector onto the plane orthogonal to the backward direction (\( q_r = 2\pi \theta / \lambda \)), backscattering angle \( \theta \) is measured from the backscattering direction (i.e., \( \theta = 0 \) deg corresponds to light reflected from tissue in the direction opposite to the incident light), and \( P(r) \) is the probability of the radial intensity distribution of EBS photons with the radial vector \( r \) pointing from the first to the last points on a conjugated time-reversed light path (\( r \) is perpendicular to the incident light). If a medium is isotropic, the 2-D Fourier integral in Eq. (1) becomes:

\[
I_{\text{EBS}}(\theta) \propto \int_0^\infty r P(r) \exp(i2\pi r \theta / \lambda) dr. \tag{2}
\]

Thus, \( I_{\text{EBS}}(\theta) \) is the Fourier transform of radial intensity distribution \( r P(r) \). As a result, the width of an EBS peak is inversely related to that of \( r P(r) \). Furthermore, from Eq. (2) one can conclude that in an EBS peak, longer light paths correspond to small scattering angles, while shorter light paths correspond to larger scattering angles.

2.3 Principles of Low-Coherence Enhanced Backscattering

In EBS, the conjugated time-reversed waves can interfere with each other only when they are spatially coherent, that is, the first and last points on the scattering path must be within the coherence area. \( ^{30,34} \) Most previous EBS measurements have been conducted using coherent laser light sources with spatial coherence length \( L_{\text{sc}} \gg l_* \). Under such spatially coherent illumination, essentially any conjugate time-reversed waves emerging from the surface of the sample are capable of interfering with each other. However, if light incident on a sample has a finite spatial coherence length, the conjugated time-reversed waves can interfere constructively with each other only if they are spatially coherent. \( ^{34} \) Thus, the angular profile of an EBS intensity \( I_{\text{EBS}}(\theta) \) under low spatial coherence illumination can be expressed as:

\[
I_{\text{EBS}}(\theta) \propto \int_0^\infty C(r) r P(r) \exp(i2\pi r \theta / \lambda) dr, \tag{3}
\]

where \( C(r) = \{2J_1(r/L_{\text{sc}})J_1(r/L_{\text{sc}})\} \) is the degree of spatial coherence with \( J_1 \) as the first-order Bessel function. \( ^{35} \) As a result, the width of a LEBS peak is inversely proportional to that of the product \( r P(r) C(r) \). A finite spatial coherence area acts as a spatial window rejecting long paths by preventing long traveling waves from interfering with each other. In other words, spatial coherence length limits \( r \) contributing to the EBS signal.

Incoherent waves have no correlations in phase and generate only the incoherent background intensity. If \( L_{\text{sc}} \) is sufficiently short, i.e., \( L_{\text{sc}} \ll l_* \), low spatial coherence illumination allows only low-order scattering to give rise to the EBS peak, which in turn results in a dramatic (e.g., several orders of magnitude) broadening of an EBS peak. As discussed later, such an anomalously broad width of EBS could not be explained by simple diffusion-theory-based models of EBS.

3 Low-Coherence Enhanced Backscattering Spectroscopy

3.1 Low-Coherence Enhanced Backscattering Instrument

To overcome the limitations in conventional EBS measurements in tissue, we have recently developed low-coherence enhanced backscattering (LEBS) spectroscopy by combining EBS measurements with low spatial coherence, broadband illumination, and spectrally resolved detection. \( ^{28,30} \) Figure 2 il-
Illustrates the design of an LEBS instrument. A beam of broadband cw light from a 100-W xenon lamp (Spectra-Physics Oriel Instruments, Stratford, Connecticut) was collimated using a 4-f lens system (divergence angle ranging from $\sim0.04$ deg for $L_{sc}=200$ $\mu$m to $\sim0.30$ deg for $L_{sc}=35$ $\mu$m), polarized, and delivered onto a sample at $\sim10$ deg angle of incidence to prevent the collection of specular reflection. By changing the aperture size in the 4-f lens system, we varied the spatial coherence length $L_{sc}$ of the incident light from 200 to 35 $\mu$m. The spatial coherence length was confirmed by double-slit interference experiments. The light backscattered by the sample was collected by a sequence of a lens, a linear analyzer (Lambda Research Optics, Incorporated, Costa Mesa, California), and an imaging spectrograph (SpectraPro 150, Acton Research, Acton, Massachusetts). The spectrograph was positioned in the focal plane of the lens and coupled with a charge-coupled device (CCD) camera (Cool-Snap HQ, Princeton Instruments Incorporated, Trenton, New Jersey). The lens projected the angular distribution of the backscattered light onto the slit of the spectrograph. Then, the imaging spectrograph dispersed this light according to its wavelength in the directions perpendicular to the slit, and projected it onto the CCD camera. Thus, the CCD camera recorded a matrix of light-scattering intensities as a function of wavelength $\lambda$ and backscattering angle $\theta$. In each CCD pixel, collected light was integrated within a certain narrow band of wavelengths around $\lambda$. The width of this band was determined by the width of the spectrograph slit. Because the temporal coherence of light $L_{tc}$ was related to its spectral composition, finite-spectral band detection resulted in low temporal coherence detection. Accordingly, $L_{tc}$ was dependent on the spectral resolution of the spectrograph, such that $L_{tc}=\sqrt{(2 \ln 2) / \pi \cdot (\Delta \lambda^2)}=30$ $\mu$m, where $\Delta \lambda=9$ nm is the FWHM of the detection bandpass. We also used a He-Ne laser (Melles Griot, Carlsbad, California) to compare our measurements to the conventional EBS measurements under coherent illumination.

3.2 Characteristics of Low-Coherence Enhanced Backscattering

3.2.1 Spectroscopic measurements

Using LEBS spectroscopy, EBS profiles can be observed as a function of wavelength as shown in Fig. 3(a). The design of the LEBS spectroscopy instrument enables simultaneous measurement of the spectral ($\lambda=400$ to 700 nm) and scattering angle ($\theta=-5$ to 5 deg) distributions of backscattered light. Several spectroscopic techniques have been shown to be highly useful for tissue diagnosis and characterization including reflectance, light scattering, fluorescence, and other types of spectroscopy. Consequently, the analysis of EBS spectra may be used to provide additional information about tissue.

3.2.2 Speckle reduction

The experimental observation of EBS requires ensemble or configuration averaging because of speckle, which arises from random interference effects. For example, rotating the sample mechanically or averaging independent measurements are commonly used in conventional EBS measurements. Speckle becomes more severe in the absence of Brownian motion, hampering EBS studies in biological tissue. However, LEBS overcomes this problem. Figure 4(a) shows the angular distribution of the backscattered light obtained from ex vivo human colon tissue using coherent illumination (i.e., He-Ne laser). Evidently, the speckle pattern masks an EBS peak. To uncover an EBS peak from the background of speckle, averaging over thousands of independent measurements is required. On the other hand, Fig. 4(b) shows that in the case of the LEBS signal recorded from the same tissue site, speckle is negligible and a cusp of an enhanced backscattering peak can be easily identified. Both low spatial coherence illumination and low temporal coherence detection result in speckle reduction. In our LEBS measurements, a single LEBS reading averages over multiple independent coherence volumes (each coherence volume generated an independent speckle volume). For
example, for $L_{sc} \approx 150 \mu m$, the number of independent coherence volumes $(D/L_{sc})^2 \approx 1000$, where $D$ is the diameter of illumination area on the sample and $l$ is the average path length. Therefore, LEBS measurements are easily achieved in random media, even in the absence of Brownian motion without the need for ensemble or configuration averaging.

### 3.2.3 Anomalous broadening of enhanced backscattering peaks

Broadening of EBS under low coherence illumination is perhaps the most dramatic feature of the LEBS phenomenon. It also facilitates experimental observation of LEBS. Since the width of a conventional EBS peak in general is inversely proportional to $l^*$, the width of an EBS peak in tissue and other random media with long $l^*$ is extremely narrow, typically $w = 0.001$ deg. On the other hand, an LEBS peak is extremely broad with $w = 0.5$ deg, which is more than 100 times greater than the width of a conventional EBS peak expected under spatially coherent illumination. Such a dramatic increase in the LEBS peak width cannot be explained using conventional diffusion-approximation-based models of EBS, because scattering angles of photons leaving a tissue are not typically considered in modeling of conventional EBS in the diffusion regime ($L_{sc} \gg l^*$). Although simple substitution of $P(r)$ from the diffusion approximation into Eq. (3) predicts a broader LEBS peak, the LEBS peak observed experimentally is still nearly four times broader than that of the simple prediction from a diffusion approximation. This extra broadening of $I_{EBS}(\theta)$ results from a narrower profile of $P(r)$ than that predicted by the diffusion approximation when $r < \sim l$, and $\theta$ is close to the backward direction.

### 3.2.4 Depth-selective low-coherence enhanced backscattering measurements

Depth-selective LEBS spectroscopy of tissue can be achieved by three means: 1. varying coherence length $L_{sc}$, 2. analysis of LEBS spectra $I_{EBS}(\theta)$ at different scattering angles $\theta$, and 3. analysis of the probability of the radial intensity distribution of LEBS photons $P(r)$, which can be obtained via the Fourier transform of $I_{EBS}(\theta)$. In brief, $L_{sc}$ determines the maximum penetration depth. Then, detailed depth-resolution can be obtained by either means 2 or 3.

**Control of tissue depth probed with LEBS via coherence length.** Only photons emerging from the tissue surface at distances $r < \sim L_{sc}$ from their point of entry into the tissue can contribute to LEBS, which limits the depth of penetration of LEBS photons to up to $\sim L_{sc}$.

**Control of tissue depth probed with LEBS via the analysis of $I_{EBS}(\theta)$ at different $\theta$.** As discussed before, because $I_{EBS}(\theta)$ is the Fourier transform of $P(r)$, short light paths (small $r$) mainly give rise to the periphery of an EBS peak (large $\theta$), while longer light paths ($r \sim L_{sc}$) give rise to the top (or center) of the EBS peak ($\theta \sim 0$ deg). This property of LEBS can be used to sample various depths using a single LEBS measurement by analyzing $I_{EBS}(\theta)$ at different $\theta$. Figure 5(a) shows LEBS penetration depth $L_p(\theta)$ for $l = 81 \mu m$ and $l^* = 614 \mu m$. As expected, small $\theta$ correspond to deeper penetration depths, whereas large $\theta$ correspond to shorter depths. Therefore, different depths can be selectively assessed by probing a corresponding scattering angle. For example, in the case of colonic mucosa, $I_{EBS}(\theta = 0.25 \deg)$ enables assessment of an epithelial cell layer (∼40 μm), whereas $I_{EBS}(\theta = 0 \deg)$ allows probing the entire mucosa (∼70 μm).

**Control of tissue depth probed with LEBS via the analysis of $P(r)$ at different $r$.** A more precise control of tissue depth probed with LEBS can be achieved by means of the analysis of $P(r)$, which in turn can be obtained from the Fourier transform of $I_{EBS}(\theta)$. It is well known that the depth of penetration of photons increases with $r$. As shown in Fig. 5(b), tissue depths from ∼40 μm (a single cell layer) to ∼100 μm (thickness of colonic mucosa) can be selectively assessed by means of the analysis of $P(r, \lambda)$ by choosing appropriate parameter $r$. We also point out that a direct measurement of $P(r)$ for small $r$ ($r < 300 \mu m$) is extremely difficult.

The three means to achieve depth-selective measurements of tissue discussed before are complimentary. Thus, LEBS...
spectroscopy opens up the possibility of performing spectroscopic measurements at any given depth within the maximum penetration depth determined by \( L_{sc} \).

The significance of depth-selective spectroscopic measurements for tissue characterization and diagnosis is underscored by the following reasons. 1. The most superficial tissue layer (i.e., the epithelium) is the origin of nearly 90% of human cancers and the epithelial cells are the first affected in carcinogenesis.\(^{35}\) Thus, obtaining diagnostic information from most superficial tissue is crucial for the early diagnosis of epithelial precancerous lesions. 2. Hemoglobin absorption in the blood vessels located underneath the epithelium is a particularly notorious problem, as it obscures the endogenous spectral signatures of epithelial cells. 3. The depth-dependent biological heterogeneity of the epithelium underscores the need to selectively assess the epithelial cells at different depths. For example, in the colon (the major unit of organization of the mucosa is the crypt), the epithelial cells at the base of the crypt (∼80 μm below the tissue surface) are capable of proliferation, while the epithelial cells at the top of the crypt (∼40 μm) undergo apoptosis, as illustrated in Fig. 6. In adenomatous colonic mucosa, the apoptotic activity is reduced in the base of the crypt while the proliferative activity is increased in the lumenal surface of the colon.\(^{36}\) The cells that are initially involved in neoplastic transformations are located in a specific area of the crypt: the base of the crypt is known as the location for initiation of colon carcinogenesis.\(^{39}\)

Similar considerations apply to most other types of epithelia, including stratified squamous epithelium (such as the epithelium of uterine cervix, oral cavity, etc.).

### 4 Potential Application of Low-Coherence Enhanced Backscattering Spectroscopy for Colon Cancer Screening

Colorectal cancer (CRC) will be diagnosed in approximately 140,000 Americans this year, leading to 50,000 deaths, which makes CRC the second leading cause of cancer deaths in the United States.\(^{40}\) Given that CRC is curable if diagnosed early, widespread screening has been proposed to reduce CRC fatalities. For example, colonoscopy has shown to dramatically reduce CRC fatalities through both early detection of CRC and cancer prevention. Although colonoscopy is remarkably effective in reducing CRC, screening the entire at-risk population (>60 million Americans over age 50) through colonoscopy is impossible for a variety of reasons, including expense (the cost of detection of a single colon cancer case would be > $1,000,000), patient reluctance, and complication rate. Therefore, development of novel initial-screening (risk-stratification) techniques is imperative. Many screening techniques take advantage of the “field effect” (or field cancerization) in CRC. The field effect refers to the proposition that the genetic/environmental milieu that results in a neoplastic lesion in one area of the colon also leads to alterations to tissue composition, structure, and function in the entire colon. Accordingly, detection of such changes in an easily accessible part of the colon (e.g., the rectum or sigmoid colon) can be used to infer the risk of carcinogenesis in the rest of the colon.\(^{41}\) Unfortunately, the most widely used initial screening techniques such as fecal occult blood tests and flexible sigmoidoscopy (i.e., visual evaluation of the rectal and sigmoid colonic mucosa, which is the easiest to access) are suffered by low sensitivity. Thus, development of an alternative minimally invasive screening/risk-stratification test that is accurate, sensitive, cost effective, easy to perform, and does not

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**Fig. 5** (a) LEBs depth of penetration \( L_{\theta}(\theta) \) as a function of \( \theta \) (\( l_i = 81 \) μm and \( l_s = 614 \) μm). (\( \theta \) is measured from the backscattering direction, i.e., \( \theta = 0 \) deg corresponds to the direction opposite to that of the incident light). \( L_{\theta}(\theta) \) decreases with \( \theta \). (b) LEBs depth of penetration \( L_{p}(r) \) as a function of \( r \) (\( l_i = 81 \) μm and \( l_s = 614 \) μm). \( L_{p}(r) \) increases with \( r \). Thus, different depths of penetration can be assessed by probing different \( \theta \) or \( r \) within an EBS peak (see text for details).

**Fig. 6** The crypt: the major unit of the colonic mucosa. The epithelial cells have distinct cell activities at various depths. Typical depth of a colonic crypt is 70 to 90 μm.
require the need for colonoscopy and colon preparation is indeed crucial.

4.2 Animal and Human Studies

We have investigated the potential of depth-selective LEBS spectroscopy for accurate CRC risk stratification in two animal models of experimental CRC and pilot human studies.28–31 First, we have performed animal studies with the azoxymethane (AOM)-treated rat model of colon carcinogenesis. This is one of the most robust and well-tested animal models of colon carcinogenesis.28–30 In the AOM-treated rats, colon carcinogenesis progresses through the same steps as in humans: the earliest detectable marker of colon carcinogenesis, aberrant crypt foci (ACF) develop 8 to 12 weeks after the AOM injection, adenomas are observed in 20 to 30 weeks, and carcinomas develop in 40 weeks.48 Male Fisher 344 rats (150 to 200 g) (Sigma, Saint Louis, Missouri) were randomized to two weekly intraperitoneal (i.p.) injections with either AOM (15 mg/kg) or saline (in the case of negative control animals). Animals were euthanized at specified time points (2, 4, and 6 weeks after the second AOM injection). Colons were removed, opened longitudinally, and washed. LEBS measurements were performed on fresh, unfixed colons within one hour of sacrifice. We recorded LEBS signals from at least 20 tissue sites per animal equally distributed throughout colonic surfaces. Moreover, to ensure that our findings are not model specific, we used male multiple intestinal neoplasia (MIN) (Jackson Laboratory, Bar Harbor, Maine) and control C57BL6 mice (wildtype at the adenomatous polyposis coli locus) at 6 to 7 weeks of age (n=18).31 In the MIN model, adenomatous polyposis coli (APC) truncation leads to spontaneous intestinal tumorigenesis, thus replicating the human familial adenomatous polyposis. The MIN mice develop intestinal adenomas at 9 to 10 weeks of age, and most intestinal adenomas occur in the small intestine. We point out that the time points for which we have recorded LEBS signals (i.e., 2 to 6 weeks after AOM injection in the case of the AOM animal model and 6 to 7 week old mice in the case of the MIN mice model) correspond to very early stages of carcinogenesis. At these early time points, no currently known histologic, molecular, or genetic markers have been able to detect premalignant transformation. Finally, to investigate whether our findings in these animal models can be translated into humans, we performed human studies of 63 subjects undergoing colonoscopy.31 We used six biopsies of endoscopically normal mucosa at least 3 cm away from any neoplastic lesion to validate whether LEBS spectroscopy can be used to detect the field effect of CRC. In the human studies, we defined a low-risk group as subjects without personal history of neoplasia and family history of adenomas or carcinomas, and a high-risk group (n=12) as subject with adenomas on current colonoscopy (all adenomas were histologically confirmed), respectively.

4.3 Results

We identified the optimal depth of penetration for which LEBS markers are the most diagnostic. We assessed LEBS spectra corresponding to 30-, 50-, and 70-μm depths (θ =0.4 deg, θ=0.2 deg, and θ=0 deg, respectively) and found that 70-μm penetration depth provides the most diagnostically significant results and enables detection of CRC at the earliest time point (2 weeks after AOM injection).31 It is of notice that this depth approximately corresponds to the depth of colonic mucosa, and several lines of evidence suggest that the base of the crypt is the location for initiation of colon carcinogenesis.

Typically, $I_{EBS}(\lambda)$ is a declining function of wavelength and its steepness depends on the size distribution of submicron intraepithelial structures.42 Although LEBS spectra are quite complex with the scale of spectral features as small as only a few nanometers, a linear fit to $I_{EBS}(\lambda)$ using linear regression from 530 to 640 nm accounts for the most spectral variance. For example, Fig. 3(b) shows a typical $I_{EBS}(\lambda,\theta=0$ deg) recorded from a human colon tissue and its linear fit with $R^2=0.6$. Thus, to characterize the spectrum of $I_{EBS}(\lambda)$ as a biomarker, we obtained the value of the slope of the fit over wavelength, which is referred to as the LEBS spectral slope. We found that the LEBS spectral slope showed excellent temporal and spatial correlations with the progression of carcinogenesis in the animal models and the pilot human studies. Figures 7(a) and 7(b) show alterations of LEBS spectral slope obtained from the AOM-treated rats compared with control values in the two different compartments. As shown in the...
Fig. 8 LEBS spectral changes confirmed in the MIN mouse model of intestinal carcinogenesis. LEBS spectral slope obtained from the microscopically normal appearing (i.e., uninvolved) intestinal mucosa in 6-week-old MIN mice is significantly different from one obtained from age-matched control mice (wild type) ($L_p = 70 \text{ } \mu \text{m}$).

Fig. 7(a), spectral slope of the basal compartment is dramatically decreased as early as 2 weeks after the AOM administration, and decreases over the process of carcinogenesis. On the other hand, LEBS spectral slope of the luminal compartment remains unchanged at the 2-week time point but instead changes dramatically later in the time course of the experiment. These results show that the LEBS spectral slope from ~70-\( \mu \text{m} \) depth provides the earliest sensitivity between the saline-treated rats and the AOM-treated rats. We also confirmed this result in the 6-week-old MIN mice. As shown in Fig. 8, the LEBS spectral slope is diagnostic for the early preadenoma stage of intestinal neoplasia in histologically normal mucosa of MIN mice ($P$ value = 0.009).

Furthermore, we found that the change in the LEBS spectral slope is also diagnostic in humans. This is illustrated in Fig. 9, which shows a significant decrease in the spectral slope obtained from the colonoscopically normal rectal mucosa in patients who harbored adenomas elsewhere in the colon when compared to those who were neoplasia free ($P$ value = 0.006). Adenomas were approximately equally distributed between the sigmoid colon/rectum (28% of all adenomas), transverse colon (35%), and the cecum (38%). The magnitude of decrease in LEBS spectral slope appeared to be greater if the lesion was located in the proximity to the site of LEBS analysis. However, significant differences were noted from LEBS measurements taken at distant sites as well (e.g., rectal LEBS spectral slope correlates with the presence of adenomas in the transverse colon). These results demonstrate that LEBS spectroscopy has the potential to accurately risk-stratify patients for CRC and may be translated into a practical clinical method for colon cancer screening. Translation of LEBS into clinical practice will require development of fiber optics LEBS probes that can be used to record LEBS spectra from rectal mucosa in vivo and assess LEBS markers without the need for colonoscopy or biopsy. The development of such LEBS fiber optics probes is currently underway in our research group. Rectal LEBS tests can potentially be performed without the need for colonoscopy or patients’ colonic preparation. We envision that in the future the LEBS technique may enable a primary care physician to assess LEBS biomarkers during a patient’s annual physical exam and thus determine the risk of CRC and the need for colonoscopy.

5 Discussion

LEBS possess two unique features compared to the majority of other conventional spectroscopic techniques such as 4-D elastic light scattering fingerprinting and polarized light scattering spectroscopy. 1. LEBS has the capability to probe a specific depth within the maximal depth determined by the spatial coherence length of illumination. The ability to assess epithelial cells is critical to study human cancers, because most human cancers originate from epithelial cells, resulting from a series of pathologic changes that transform normal epithelium into invasive carcinoma. One important criterion for bioassays of carcinogenesis is the use of epithelial cells. The significance of the depth selectivity of LEBS is further underscored by the need to selectively assess epithelial cells at different tissue depths. For example, colonic epithelial cells have distinct function, depending on their depth. In particular, epithelial cells at the base of the crypt are capable of proliferation, whereas epithelial cells at the top of the crypt undergo apoptosis. As our data demonstrate, selective targeting of specific depths within colonic epithelium provides improved accuracy in the diagnosis of epithelial precancers compared to the spectroscopic analysis of unpolarized or linearly polarized light that does not differentiate epithelial and stromal layers.

2. LEBS offers a unique contrast for tissue assessment—double scattering—whereas other conventional spectroscopic techniques are based either on single scattering or diffuse reflectance. Double scattering is the minimal scattering events that are required to generate an EBS peak in discrete random media because single scattering can only generate the incoherent baseline backscattering signal but not to EBS. Because biological tissue is a weakly scattering random medium with transport mean path length on the order of millimeters ($l^2/sim 70 \text{ } \mu \text{m}$), the small spatial coherence area, which dephases the time-reversed paths outside its coherence areas, can isolate the minimal number of scattering events (i.e., double scattering) in EBS. Thus, LEBS originates mainly from the conjugated time-reversed paths of double scattering events in biological tissue. In other words, the most probable scattering event of LEBS in biological tissue is double scattering. Such
unique features of LEBS will further facilitate the utilization of LEBS for tissue characterization and diagnosis among other currently used optical spectroscopic techniques.

6 Conclusion
We demonstrate that LEBS is an ideal tool to exploit the EBS phenomenon in biological tissue and other random media with long transport mean free paths. LEBS overcomes all major hurdles so far preventing the use of EBS in tissue optics. The use of low-coherence illumination has several important implications on LEBS, including dramatic broadening of the angular profile of an LEBS peak and substantial speckle reduction. Moreover, LEBS enables depth-selective spectroscopic assessment of tissue. The LEBS signal originates primarily from double scattering of light in tissue. Thus, LEBS provides unique information about tissue compared to other existing spectroscopic techniques that are based either on single scattering or diffuse reflectance. Furthermore, we demonstrate that LEBS spectroscopy has potential applications for tissue diagnosis. Specifically, we show that LEBS may enable detection of colon carcinogenesis earlier than other existing histological or molecular techniques, and may potentially enable colon cancer screening without the need for colonoscopy and colon preparation. We believe that LEBS could potentially be of benefit to clinicians developing effective anticancer strategies, to pharmaceutical companies developing or evaluating anticancer agents, and to biomedical researchers investigating the mechanisms of carcinogenesis.

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